

# Journal of Food Science and Technology

## Thermodynamic sorption analysis and glass transition temperature of faba bean (*Vicia faba* L.) protein --Manuscript Draft--

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<b>Full Title:</b>	Thermodynamic sorption analysis and glass transition temperature of faba bean ( <i>Vicia faba</i> L.) protein	
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	Program of Basal Financing Program for Scientific and Technological Centers of Excellence (PFB-27)	PhD J. Castaño
<b>Abstract:</b>	Freeze-dried faba bean ( <i>Vicia faba</i> L.) protein adsorption isotherms were determined at 25, 35 and 40 °C and fitted with the Guggenheim-Anderson-de Boer model. The pore radius of protein was in the range of 0.87 to 6.44 nm, so that they were considered as micropores and mesopores. The minimum integral entropy ranged between 4.33 and 4.44 kg H <sub>2</sub> O/100 kg d.s., was regarded as the point of maximum of stability. The glass transition temperature of the protein equilibrated at the different conditions of storage was determined, showing that the protein remained in glassy state for all cases. The protein showed compact and rigid structures, evidenced by microscopy analysis	
<b>Response to Reviewers:</b>	Response to Comments Made by Reviewer #1 Manuscript No. JFST-D-16-01673 "Thermodynamic sorption analysis and glass transition temperature of faba bean ( <i>Vicia faba</i> L.) protein"  GENERAL REVIEWER'S COMMENT: "Minor revision for acceptance. Below some comments:"  REVIEWER'S COMMENT #1: "The authors need to review the keywords. Faba bean	

protein, Sorption isotherms, Thermodynamic analysis, Glass transition temperature are not keywords.”

RESPONSE: The keywords were changed to reflect more clearly our contribution.

REVIEWER'S COMMENT #2: “The introduction section could be separated in paragraphs to improve the text in general.”

RESPONSE: The introduction section was improved as the reviewer suggested.

REVIEWER'S COMMENT #3: “Lines 30 to 33: When dry products are evaluated, the most correct method is to describe the adsorption isotherms due to mainly the water adsorption phenomena observed in powder products.”

RESPONSE: The paragraph was re-written in the corrected manuscript.

REVIEWER'S COMMENT #4: “Lines 50 to 51: “Based on that, the objective of this work was five-fold...” In fact it was not only four?”

RESPONSE: The reviewer is right. The sentence was changed using a main objective rather than particularly objectives as Reviewer #2 also suggested.

REVIEWER'S COMMENT #5: “Section 2.5: The authors calculating the thermodynamic properties using Clausius-Clapeyron methodology. Why? This methodology doesn't evaluate the effects of temperature. It presents the thermodynamic properties as an average of the temperature while the Othmer methodology presents a correction for each temperature. I suggest that authors write about this question on the manuscript. Several articles use Othmer methodology due to this limitation of Clausius-Clapeyron methodology. See below some examples:

Silva, E. K., et al. (2014). "Water adsorption in rosemary essential oil microparticles: Kinetics, thermodynamics and storage conditions." *Journal of Food Engineering* 140: 39-45.

Viganó, J., et al. (2012). "Role of enthalpy and entropy in moisture sorption behavior of pineapple pulp powder produced by different drying methods." *Thermochimica Acta* 528: 63-71.”

RESPONSE: In the corrected manuscript, we incorporated a brief discussion explaining the justification to use the Clausius-Clapeyron methodology.

#### Response to Comments Made by Reviewer #2

Manuscript No. JFST-D-16-01673

“Thermodynamic sorption analysis and glass transition temperature of faba bean (*Vicia faba* L.) protein”

REVIEWER'S COMMENT #1: “Regarding to the objectives: What is the main purpose? The general aim should be Thermodynamic sorption analysis and glass transition temperature of faba bean (*Vicia faba* L.) protein.”

RESPONSE: The main objective of this work was included in the end of the introduction section in the corrected manuscript, as follows: “The objective of this manuscript was determined sorption thermodynamic properties and glass transition temperature of faba bean (*Vicia faba* L.) protein to establish optimal conditions of storage.”

REVIEWER'S COMMENT #2: “In the material and methods section. Line 78-83: It was not reported the temperature used in the lyophilizer, only the pressure and time.”

RESPONSE: The temperature used in the freeze drying process was -60 °C.

REVIEWER'S COMMENT #3: “Similarity index is very high (44%), reduce and resubmit. Report is attached.”

RESPONSE: Following the reviewer's recommendation, many paragraphs, mainly in Materials & Methods section, were rephrased to avoid similarity with published papers, although these methods have been developed and established in several publications by our research group.

## Response to Comments Made by Reviewer #1

Manuscript No. JFST-D-16-01673

“Thermodynamic sorption analysis and glass transition temperature of faba bean (*Vicia faba* L.) protein”

**GENERAL REVIEWER’S COMMENT:** “*Minor revision for acceptance. Below some comments:*”

**REVIEWER’S COMMENT #1:** “*The authors need to review the keywords. Faba bean protein, Sorption isotherms, Thermodynamic analysis, Glass transition temperature are not keywords.*”

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## **Response to Comments Made by Reviewer #2**

Manuscript No. JFST-D-16-01673

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August 1<sup>st</sup>, 2017

**Professor Narpinder Singh**

Editor-in-Chief

*Journal of Food Science and Technology*

**RE:** Manuscript No. JFST-D-16-01673. “Thermodynamic sorption analysis and glass transition temperature of faba bean (*Vicia faba* L.) protein”

Dear Professor Singh,

We are submitting the corrected version of the manuscript referred above. The manuscript includes 21 double-spaced pages, 5438 words, 36 references, 2 tables, 4 figures. Besides, the results contained in the corrected manuscript are original and have not been published elsewhere.

All the authors have read and approved the corrected manuscript and all are aware of the submission to Journal of Food Science and Technology. Furthermore, all authors have not declared conflict of interest.



The proposed highlights are the following:

- Sorption isotherms of FD-FBP presented a sigmoidal shape.
- The GAB equation was suitable for modeling moisture sorption of FD-FBP.



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- The pore radius of FD-FBP varied from 0.87 to 6.44 nm.
- The minimum integral entropy was in the range ranged of 0.24 to 0.40.
- Glassy state was exhibited by protein regardless its  $a_w$  and moisture conten.

By submitting the corrected manuscript the corresponding author (A.Y. Guadarrama-Lezama) recognized her compromise to review at least three manuscripts submitted to Journal of Food Science and Technology.

The reviewers have a positive opinion on our work, and provided minor recommendations oriented to improve the quality of our work. The actions taken to attend the reviewer's recommendations are detailed in the response letter.

We acknowledge the editor for giving us the opportunity of submitting our research work to Journal of Food Science and Technology.

Sincerely,

A.Y. Guadarrama-Lezama



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**Thermodynamic sorption analysis and glass transition temperature of faba bean  
(*Vicia faba* L.) protein**

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<sup>d</sup> *Departamento de Biotecnología, Universidad Autónoma Metropolitana-Iztapalapa, San Rafael Atlixco No. 186, Col. Vicentina, C.P. 09340, México, D.F., México.*

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16 1 **(Corrected Manuscript No. JFST-D-16-01673R1)**  
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20 3 **ABSTRACT**  
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22 4 Freeze-dried faba bean (*Vicia faba* L.) protein adsorption isotherms were determined at 25,  
23 5 35 and 40 °C and fitted with the Guggenheim-Anderson-de Boer model. The pore radius of  
24 6 protein was in the range of 0.87 to 6.44 nm, so that they were considered as micropores and  
25 7 mesopores. The minimum integral entropy ranged between 4.33 and 4.44 kg H<sub>2</sub>O/100 kg  
26 8 d.s., was regarded as the point of maximum of stability. The glass transition temperature of  
27 9 the protein equilibrated at the different conditions of storage was determined, showing that  
28 10 the protein remained in glassy state for all cases. The protein showed compact and rigid  
29 11 structures, evidenced by microscopy analysis.  
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44 13 **KEYWORDS:** Faba bean protein; Pore radius; GAB; Minimum integral entropy; Glassy  
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4 **15 1. Introduction**

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6 16 Legumes are good resources of proteins, carbohydrates, fiber, vitamins and minerals with  
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9 17 functional and health-promoting activities contributing to human nutrition. Faba bean is  
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11 18 composed of proteins (~30%), carbohydrates (60%) and fats (10%). Among the identified  
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14 19 proteins in faba bean, the main are globulins (79%), albumins (7%) and glutelins (6%). **The**  
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16 20 **study of faba bean protein is of special interest because of its nutritional value, availability,**  
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19 21 **and health benefits (Vioque et al. 2012). The protein extracted from faba bean can be used**  
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21 22 **within a powder product, so it is important to dry the protein in order to decrease its**  
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23 23 **moisture content until the required level, delay its deterioration and consequently have a**  
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25 24 **hydrocolloid in powder of easy use and application such as emulsifier or stabilizer in**  
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27 25 **different food products (Karaca et al. 2011). Among the different drying processes to this**  
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29 26 **purpose, the freeze drying is often used to dehydrate heat-sensitive foods because of the**  
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31 27 **absence of heating in this process preserving nutrients and their sensory characteristics.**  
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33 28 **Hence, freeze drying is a good alternative to remove free water from proteins (Ghribi et al.**  
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35 29 **2015).**

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41 30       The preservation and stability of faba bean protein (FBP) involve the knowledge of  
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43 31 the appropriate conditions to store it in order to predict deteriorative reactions, and enhance  
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45 32 its stability in function of moisture content, water activity and temperature. **This task is**  
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47 33 **achieved by relating the above three parameters in the sorption isotherms.** Water sorption  
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49 34 isotherms provide information about the stability of food powder, and is also helpful to  
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51 35 understand the structural features, such as **sorption properties and thermodynamic functions**  
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53 36 **of vapor water sorption (Silva et al. 2014).**  
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4 37 Thermodynamic functions such as enthalpy and entropy are indices that provide  
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6 38 valuable information to understand the properties of water, calculate the energetical  
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9 39 requirements associated with the adsorption phenomena, and describe how the water  
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11 40 interacts with the powder. Specifically, the minimum integral entropy ( $\Delta S_{int}$ ) is the most  
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14 41 suitable criterion to predict the maximum storage stability in powder foodstuffs (Pérez-  
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16 42 Alonso et al. 2006). Under minimum integral entropy, the powder food product has the  
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19 43 highest stability with the suitable ratio of moisture content/water activity. On the other  
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21 44 hand, changes in enthalpy are associated with bonding of repulsive forces between water  
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24 45 and the food powder. The process related with enthalpy involves the strength of the  
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26 46 intermolecular interaction or bonding, while that related with entropy reflects the  
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29 47 randomness and disorder of the system. The glass transition temperature ( $T_g$ ) has used as  
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31 48 parameter for establishing stability conditions in a food powder from a physical or  
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33 49 structural point of view (Basu et al. 2013). This parameter allows knowing if the powdered  
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36 50 foods exhibit changes in their physical properties during storage such as collapsibility,  
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39 51 stickiness, caking, agglomeration and re-crystallization phenomena as effect of its water  
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41 52 content.

43 53 The aim of this manuscript was determined sorption thermodynamic properties and  
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45 54 glass transition temperature of faba bean (*Vicia faba* L.) protein to establish optimal  
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48 55 conditions of storage.

## 56 57 **2. Materials and methods**

58 58 Faba bean (*Vicia faba* L.) seeds were purchased in a local market (Toluca, Mexico). All  
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60 59 reagents were analytical grade and were purchased from Sigma Aldrich S.A. de C.V.  
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62 60 (Toluca, Mexico). Deionized water was used in all the experiments.  
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4 61 **2.1. Protein extraction**

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6 62 Faba bean (*Vicia faba* L.) seeds were sun dried until reaching 5% wt. Then it was crushed  
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9 63 with a mill (Pulvex 200, Mexico City, Mexico). Faba bean seed flour was sieved using a 70  
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11 64 mesh (Tyler Standard Sieve Series, Mentor, Ohio, USA). Extraction of the FBP was carried  
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14 65 out according to Vioque et al. (2012). The flour was defatted with hexane using soxhlet  
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16 66 equipment. Hexane was evaporated of the sample by exposing it in a laminar flow hood,  
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19 67 before carrying out protein extraction. 10g of defatted flour was added to 100 mL of a  
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21 68 Na<sub>2</sub>SO<sub>3</sub> solution (0.25% w/v) and its pH was adjusted to 10.5 with a NaOH solution. The  
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24 69 solution was kept under stirring 24h at 4°C. Further coarse alkaline solids were separated  
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26 70 by centrifugation (5415R Eppendorf AG, Hamburg, Germany) at 15000 × g during 10 min.  
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28  
29 71 The soluble fraction was transferred to a beaker and the pH adjusted to 4.0 (isoelectric pH  
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31 72 of the FBP). The resulting solution was centrifuged again at 15000 × g by 10 min. The FBP  
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34 73 was washed twice with deionized water and stored for subsequent freeze drying process.

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38 75 **2.2. Freeze drying process**

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41 76 Freeze drying was carried out using a laboratory freeze dryer (Freezone 6, Labconco, MO,  
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43 77 USA). The solution of FBP was poured into a glass recipient to form a layer of 15 mm. The  
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46 78 samples were placed at -40 °C for 24 h before transferring to the freeze dryer using a  
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48 79 Labconco Bench Lyph-lock 6 laboratory freeze-dryer (Labconco, MO, USA). The vacuum  
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51 80 pressure of the dryer was set at 5 mmHg, and the condenser was at -60 °C for 48 h.  
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53 81 Dehydrated product was stored in desiccators above P<sub>2</sub>O<sub>5</sub>, in order to prevent any increase  
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56 82 in adsorbed moisture, until being required for experiments.

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### 2.3. Sorption isotherms

Adsorption isotherms at 25, 35 and 40 °C ( $\pm 0.1$  °C) were determined through the static gravimetric described by Lang et al. (1981) using eight saturated salt solutions (lithium chloride, potassium acetate, magnesium chloride, potassium carbonate, magnesium nitrate, sodium nitrite, sodium chloride and potassium chloride) with water activities ( $a_w$ ) ranging from 0.11 to 0.85 (Mousa et al., 2014). Samples of approximately 0.5 g of freeze-dried powder faba bean protein (FD-FBP) were placed into small glass desiccators of 10 cm diameter on filter paper (Whatman No. 1) that was placed above the saturated salt solutions in a perforated plate used as a support for the samples to allow moisture transmission. Five desiccators with each sample of FD-FBP were placed into three forced convection drying ovens (Riossa, model E-51, Mexico City, Mexico) maintained the specified temperature until equilibrium was reached (between 20 and 25 days). Equilibrium was assumed when the difference between two consecutive measurements was less than 1 mg/g of solids. To prevent microbial spoilage of samples, 0.2 mL of toluene was placed in the desiccators where high water activities occurred ( $a_w > 0.5$ ). Moisture content of the freeze-dried protein was determined by difference in weight after drying in a vacuum drying (Felisa model FE 100, Mexico City, Mexico) at 60 °C for 24 h in the presence of magnesium perchlorate desiccant. The water activity was measured with an Aqualab water activity meter with temperature compensation (model series 3 TE, Decagon Devices, Inc., Pullman, WA, USA). Longer drying times did not produce a sample weight decrease of more than 0.1 mg. The GAB (Guggenheim-Anderson-De Boer) equation is mathematically expressed as (equation 1):

$$M = \frac{M_0 C K a_w}{(1 - K a_w)(1 - K a_w + C K a_w)} \quad (1)$$

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4 108 where  $M$  is the equilibrium moisture content (kg/100 kg of dry solids (d.s.)),  $M_0$  is the  
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6 109 moisture content of the monolayer (kg/100 kg d.s.),  $C$  and  $K$  are constants related to the  
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9 110 energies of interaction between the first and distant adsorbed molecules at the individual  
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11 111 sorption sites. The parameters were estimated by fitting the mathematical model to the  
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14 112 experimental data, using non-linear regression with Origin Pro version 8.5 Scientific  
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16 113 Software (Origin Lab Corp., Northampton, MA, USA). The mean relative deviation  
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18 114 modulus ( $MRD$ ) was used to evaluate the goodness of fit. The  $MRD$  value is given as a  
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21 115 percentage and may be estimated as follows

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$$MRD = \frac{100}{n} \sum \frac{|M_i - M_{Ei}|}{M_i} \quad (2)$$

117 where  $M_i$  refers to the experimental value of moisture content at  $i$ ;  $M_{Ei}$  is the predicted  
118 moisture content at that observation and  $N$  is the number of observations. It is generally  
119 assumed that a good fit is obtained when  $MRD < 5\%$ .

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#### 121 **2.4. Sorption properties**

122 The sorption surface area ( $S_0$ ) was evaluated using the following equation (Moraes and  
123 Pinto 2012):

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$$128$$
$$S_0 = M_0 \frac{1}{M_w} N_0 A_{H_2O} = 3.5 \times 10^3 M_0 \quad (3)$$

129 where  $M_w$  is the molecular weight of water (kg/mol),  $N_0$  is the Avogadro number ( $6.0 \times$   
130  $10^{23}$  molecules/mol) and  $A_{H_2O}$  is the area of a water molecule ( $1.06 \times 10^{-19}$  m<sup>2</sup>). The  
131 moisture content of the monolayer to calculate the area was obtained from the GAB model.

132 The critical radius was calculated using Kelvin equation:

$$r_c = \frac{2\sigma V_M}{RT \ln(a_w)} \quad (4)$$

where  $r_c$  is the critical radius (m),  $\sigma$  is the surface tension (N/m),  $V_M$  is the molar volume of sorbate ( $\text{m}^3/\text{mol}$ ),  $R$  is the universal gas constant ( $8.314 \times 10^{-3}$  kJ/mol K),  $T$  is the temperature (K) and  $a_w$  is the water activity. This equation applies primarily in the condensation region of the isotherm (Moraes and Pinto 2012). On the other hand, the Halsey equation:

$$t = 0.354 \left( \frac{-5}{\ln a_w} \right)^{1/3} \quad (5)$$

where  $t$  is the thickness of the adsorbed water multilayer (nm), was used to evaluate the thickness of the adsorbed water multilayer (Singh et al. 2001). Finally, pore radius ( $r_p$ ) is the sum of the critical radius when the capillary condensation or evaporation occurs ( $r_c$ ) and the multilayer thickness ( $t$ ):

$$r_p = r_c + t \quad (6)$$

## 2.5. Thermodynamic functions

The integral (enthalpy and entropy) as thermodynamic functions were determined as indicated by Velázquez-Gutierrez et al. (2015); these authors have provided a thorough description of the following procedures and equations used for this purpose. The pressure of diffusion ( $\Phi$ ) can be determined by Nunes and Rotstein (1991):

$$\Phi = \mu_{ap} - \mu_a = RT \frac{W_{ap}}{W_v} \int_0^{a_w} M d \ln a_w \quad (7)$$

$$\Phi = \alpha_1 T \int_0^{a_w} M d \ln a_w \quad (8)$$

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4 149 where  $\mu_{ap}$  is the chemical potential of the pure adsorbent;  $\mu_a$  is the chemical potential of the  
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6 150 adsorbent in the condensed phase;  $W_{ap}$  is adsorbent molecular weight;  $W_v$  is the water  
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9 151 molecular weight;  $\Phi/\alpha_l$  constant is similar to a process at constant  $\Phi$ . Eq. (8) was stepwise  
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11 152 evaluated. For  $a_w < 0.05$ , the computed values of the constant pressure of diffusion at any  
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14 153 temperature were determined assuming a linear relationship (Henry's law) (Nunes and  
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16 154 Rotstein, 1991):

$$19 \quad M = k_w a_w \quad (9)$$

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22 156 where  $k_w$  is the slope of the Eq. (9). When  $a_w > 0.05$ , the GAB model (Eq. (1)) was used.  
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24 157 Therefore, Eqs. (1) and (9) are substituted in Eq. (8) to determine  $\Phi/\alpha_l$ . This parameter was  
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27 158 calculated with the Runge-Kutta method using MatLab 2013b Software (Math Works Inc.,  
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29 159 Natick, MA, USA).

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32 160 The integral enthalpy was calculated using the Clausius-Clapeyron equation at  
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34 161 constant diffusion pressure or surface potential ( $\Phi$ ) (Nunes and Rotstein, 1991):

$$37 \quad \left( \frac{\partial \ln a_w}{\partial (1/T)} \right)_{\Phi} = \frac{H_s - H_l}{R} = \frac{\Delta H_{int}}{R} \quad (10)$$

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41 163 where  $H_s$  is the integral molar enthalpy of water adsorbed of the mucilage (kJ/mol),  $H_l$  is the  
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43 164 partial molar enthalpy of adsorbed water at constant temperature and pressure (kJ/mol),  $R$  is  
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46 165 universal gas constant ( $8.314 \times 10^{-3}$  kJ/mol K) and  $\Delta H_{int}$  is the integral enthalpy at a  
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49 166 constant temperature (kJ/mol). A plot in the form  $\ln a_w$  vs  $1/T$ , at a specific constant  
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51 167 pressure of diffusion,  $\Delta H_{int}$  is determined from the slope  $\Delta H_{int}/R$ .

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54 168 The use of the Clausius-Clapeyron equation implies that the moisture content of the  
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56 169 system under consideration remains constant and that the enthalpy of vaporization of pure  
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4 170 water (as well as the excess heat of sorption) does not change with temperature (Rizvi,  
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9 172 The integral enthalpy is needed to determine the integral entropy associated with the  
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11 173 sorption process. The integral entropy can be calculated as follows:

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$$\Delta S_{\text{int}} = S_s - S_l = \frac{\Delta H_{\text{int}}}{T} - R \ln a_w \quad (11)$$
  
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18 175 where  $S_s = S/N_1$  is the integral entropy of water adsorbed in the protein;  $S_l$  is the partial  
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20 176 molar entropy of adsorbed water at constant temperature and pressure (kJ/mol) and  $\Delta S_{\text{int}}$  is  
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22 177 the integral entropy at a constant temperature.

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28 179 **2.6. Glass transition temperature**

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30 180 A differential scanning calorimetry (Q1000, TA-Instruments, New Castle, DE, USA)  
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32 181 equipped with a mechanical cooling system (RCS-refrigerated cooling accessory) was used  
33  
34 182 to perform experiments. The calorimeter was calibrated according to the instructions  
35  
36 183 provided by TA instruments user manual by checking temperature and enthalpy of fusion  
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38 184 of indium and sapphire as standards. An empty aluminum hermetic pan was used as a  
39  
40 185 reference. The instrument was purged with nitrogen at a flow rate of 100 cm<sup>3</sup>/min. Freeze-  
41  
42 186 dried faba bean protein samples (4-5 mg) equilibrated at different water activities were in  
43  
44 187 the range of the 0.11–0.85 and temperatures (25, 35 and 40 °C) were placed in aluminum  
45  
46 188 hermetic pans and were cooled to -50 °C at 2.5 °C/min, and equilibrated for 2 min. After  
47  
48 189 equilibrated it was scanned from -50 °C to 150 °C at a rate of 2.5 °C/min. Each  
49  
50 190 thermogram was analyzed for the glass transition temperature ( $T_g$ ), and midpoint values  
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52 191 were used. The data were analyzed using Universal Analysis 2000 software, version 4.7a  
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54 192 (TA Instruments, New Castle, USA).

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193 **2.7. Morphology by scanning electron microscopy (SEM) analysis**

194 A Scanning Electron Microscope (JSM-7600F, Jeol Co. Ltd., Tokyo, Japan) of high  
195 vacuum with the GB-H mode at 1 kV accelerating voltage, was used to investigate the  
196 microstructural properties of the FBP samples previously kept under controlled  
197 atmospheres such as described in section 2.5. The samples were mounted on carbon sample  
198 holders using double-side sticky tape. Micrographs at 2000× magnification are presented.

200 **3. Results and discussion**

201 **3.1. Sorption isotherms**

202 The experimental sorption isotherms at 25, 35 and 40 °C of FBP are shown in Figure 1. The  
203 amount of sorbed water increased as temperature increased, at a constant value of water  
204 activity. This could be explained by the degree of exposure of hydrophobic regions of  
205 protein. It is possible that when the protein is elongated, the water adsorption on the  
206 specific sites is being promoted and, when the protein is short, the water adsorption on the  
207 specific sites becomes more difficult. Therefore, when temperature increases, the degree of  
208 exposure of hydrophobic regions also increases. It improves the amount of water strongly  
209 adsorbed to specific sites. According to Brunauer’s classification (Brunauer et al. 1938),  
210 FBP isotherms had typical type II sigmoid shape. This type of isotherms is commonly  
211 observed in vegetal and animal derived proteins as cottonseed protein isolate (Tunç and  
212 Duman 2007), soy protein (Cassini et al. 2006), whey protein powder (Zhou and Labuza  
213 2007), acid casein from buffalo skim milk (Sawhney et al. 2011), gelatin (Kasapis and  
214 Sablani 2005). The experimental sorption data were fitted to GAB model. The model  
215 parameters  $M_0$ ,  $C$  and  $K$  were determined by non-linear regression procedure (Table 1). The

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216 mean relative deviation modulus (*MRD*) values were less than 2% and the coefficients of  
217 determination ( $R^2$ ) were over 0.998 for all temperatures. The value of the monolayer ( $M_0$ ) is  
218 of particular interest. It shows the amount of water that is strongly adsorbed to specific sites  
219 and is considered as the optimum value at which a food is more stable. The values of the  
220 monolayer of FBP were in the range of 4.32–5.52 kg H<sub>2</sub>O /100 kg d.s. and decreased as  
221 temperature increased from 25 to 40 °C. These results can be attributed to reductions in the  
222 number of available sites for water binding due to excitation state of molecules, an increase  
223 in kinetic energy leading to an increase in the distance between them. Therefore, water  
224 molecules with a low motion at low temperatures bound more easily to suitable binding  
225 sites on surfaces (McLaughlin and Magee 1998). The water adsorption in other proteins  
226 extracted from legumes such as soy protein and cowpea, has been reported in the literature,  
227 where the monolayer moisture content values has been found in a range between 1.39 and  
228 7.4 kg H<sub>2</sub>O/100kg d.s. (Cassini et al. 2006; Ayranci and Duman 2005). These values are in  
229 the range where the monolayer moisture content is found for the FBP (Table 1). There is  
230 not a clear tendency in  $M_0$  values depending on the chemical nature of the protein (vegetal  
231 or animal) and its chemical structure (globular, fibrillary and others). It has been stated that  
232 the amount of sorbed water in proteins depends essentially on the number and availability  
233 of two kinds of hydrophilic groups that enhance the binding water through hydrogen bond  
234 formation. These are the polar side chains and the carbonyl and amid groups of peptide  
235 bonds. Water sorption by proteins occurs into polar side chains at low humidities, spreads  
236 to peptide linkages and then leads to multilayer formation at higher humidities (Singh et al.  
237 2001). On the other hand, it can be seen that the maximum moisture content reached for the  
238 FD-FBP was about 12 kg H<sub>2</sub>O/100kg d.s., while for others hydrocolloids and biopolymers  
239 the moisture contents values are higher, in the same range of studied water activities

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240 (Włodarczyk-Stasiak and Jamroz 2008). This is due to the protein having hydrophobic  
241 groups in their structure, which does not favors the adsorption of moisture in the surface of  
242 the hydrocolloid. The parameter  $C$  obtained from the GAB model is related to the heat of  
243 adsorption of water by the FD-FBP. It is assumed that strong adsorbent-adsorbate  
244 interactions are favored at lower temperatures, resulting in an increase in  $C$  with increasing  
245 temperature (Diosady et al. 1996). In this work the value of  $C$  decreased with increasing  
246 temperature suggesting that interactions between the freeze-dried FBP and water vapor  
247 were lower at 25 °C than at 35 °C and 40 °C. Alternatively, it is possible that  $C$  lacks any  
248 physical meaning being the result of mathematical compensation among parameters during  
249 the curve-fitting process.

250         The values of  $K$  involve interactions between water molecules and the adsorbent  
251 (protein) in the multilayer.  $K \ll 1$  indicates a structured state of the adsorbate in the adjacent  
252 layers to the monolayer (Lewicki 1997). In this study,  $K$  values were in range of 0.71-0.74  
253 for the FD-FBP, which implies that there were fewer interactions between water molecules  
254 and the protein in the multilayer, and a tendency was not found as the temperatures increase  
255 or decrease.

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257 **3.2. Sorption properties**

258 The sorption properties are physical properties described as pore radius, critical radius pore,  
259 surface area of sorption and multilayer thickness, which determine the water adsorption rate  
260 on solids. They have been studied using the GAB model. The rate and extent of hydration  
261 of the food materials are decided by the surface properties of pores. Furthermore, the  
262 temperature at each pore is likely to affect the rate of entry and exit of water molecules  
263 (Kapsalis 1981). The specific surface area values for the FBP were 193.30, 159.41, and

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264 151.29 m<sup>2</sup> / g for 25, 35 and 40 °C, respectively. The sorption surface area values decrease  
265 as temperature increases. This behavior is attributed to the availability of active sites for  
266 hydrophilic binding energies, which decreased as consequence of induced changes by  
267 temperature, modifying physical and chemical properties of the adsorbent (Rakshit et al.  
268 2014). Labuza (1968) indicated that  $S_0$  values of food products are within the range of 100-  
269 250 m<sup>2</sup>/g. Some authors reported similar values of  $S_0$  for vegetable proteins. For instance,  
270 Tunç and Duman (2007) reported values between 115.3-137.4 m<sup>2</sup>/g at 15-45 °C for  
271 cottonseed protein isolate. Moreover Cassini et al. (2006) analyzed texturized soy protein  
272 finding values between 162.75 and 260.05 m<sup>2</sup>/g at 10 and 40 °C.

273 Pore radius ( $r_p$ ) of FBP was determined at different moisture contents and  
274 temperatures (Table 2). The pore radius increased as moisture content and temperature  
275 increased and ranged in values between 0.75-6.68 nm. In agreement with the International  
276 Union of Pure and Applied Chemistry (IUPAC) pore radius less than 2 nm are classified as  
277 micropores, and pore radius between 2 and 50 nm are denoted as mesopores (Moraes and  
278 Pinto 2012). Therefore, at moisture contents between 1 and 6 kg H<sub>2</sub>O/100 kg d.s., the FBP  
279 presented micropores and when the moisture content is  $\geq$  6 kg H<sub>2</sub>O/100 kg d.s mesopores  
280 were observed. The diffusion mechanisms depend on the properties within the local  
281 structure of the porous matrix. In micropores, diffusion is dominated by interactions  
282 between the water molecules and the pore walls, i.e., steric, and other effects associated  
283 with the proximity of the pore walls (entropic effects) become important, and barriers  
284 control the process. In mesopores, surface forces and capillary forces become important,  
285 whereas for the macropores, very little is contributed by the pore characteristics to the  
286 adsorption capacity (Viganó et al. 2012). According to this description, the adsorption  
287 mechanism is controlled by diffusion and capillarity phenomena in the FBP.

### 3.3. Thermodynamic functions

Integral enthalpy  $\Delta H_{int}$  is the parameter that indicates the degree of water-solid interaction. The net equilibrium heat for the FBP was determined. It increased to maximum value of 31 kJ/mol at 3.5 kg H<sub>2</sub>O/100 kg d.s. of moisture content. At this point the strongest binding sites and the greatest water-protein powder interaction occurs. From this point, integral enthalpy gradually decreased as the moisture content increased. An increase on the moisture content indicates the covering of fewer favorable sites promoting the formation of multi-layers for which the enthalpy is reduced. Besides, low enthalpies values (less than 60 kJ/mol) are associated with physical sorption (Smith et al. 2005). In this work, the integral enthalpy values in the range of moisture content studied were <60 kJ/mol and therefore it can be assumed that a physisorption phenomenon is occurring.

The integral entropy is a thermodynamic function used to describe the degree of arrangement of water molecules during the sorption process. The  $\Delta S_{int}$  is considered as the maximum stability point. It is here where water molecules have more ordered arrangement with the solid (FBP) and strong bonds between the adsorbate and the adsorbent occur. Thus, water is less available to carry out spoilage reactions (Bonilla et al. 2010; Viganó et al. 2012). Figure 2 shows the integral entropy as a function of moisture content at 25, 35 and 40 °C of FBP. The integral entropy decreased until reaching a minimum point and then increased as moisture content increased. The decrease in integral entropy represents a diminution on mobility of water molecules promoting the saturation of available sites. Higher energy is required to continue the adsorption phenomena. Thus the increase implies that water molecules are able to form multilayers. At higher moisture contents, entropy will be approximately the same as liquid water (McMinn and Magee 2003). The conditions for maximum stability of FBP were 4.33 kg H<sub>2</sub>O/100 kg d.s. ( $a_w = 0.40$ ) at 25 °C, 4.37 kg

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312 H<sub>2</sub>O/100 kg d.s. ( $a_w = 0.36$ ) at 35 °C, and 4.44 kg H<sub>2</sub>O/100 kg d.s. ( $a_w = 0.24$ ) at 40 °C, as  
313 it can be observed in Figure 2. As temperature increased, the moisture content and water  
314 activity in the FBP increased. Besides, the integral entropy can be directly related to the  
315 order-disorder of water molecules sorbed on protein and, therefore, it is a useful function on  
316 the stability food.

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318 **3.4. Glass transition temperature ( $T_g$ ) and morphology by Scanning Electron Microscopy**  
319 **(SEM)**

320 The moisture content, water activity ( $a_w$ ) and glass transition temperature ( $T_g$ ) are  
321 parameters used in order to predict the stability of a food during processing and storage,  
322 because its physical state is affected by these factors. The glass transition temperature ( $T_g$ )  
323 of the FBP at different water activities is shown in Figure 3. It can be observed that  $T_g$   
324 decreases as water activity increases due mainly to the plasticization effect of the water.  
325 Also it can be appreciated that at the same level of water activity, the  $T_g$  is the highest at  
326 the temperature of 40°C of storage. The  $T_g$  values ranged from 9.78 to 47.10 °C.

327 Values of  $T_g$  for the FBP were lower than those reported from other proteins.  
328 Protein isolated from barley with  $T_g$  values from 48 °C to 63 °C at a moisture content of  
329 0.12% (van Donkelaar et al. 2015), gelatin with  $T_g$  of 100 °C in anhydride conditions  
330 (Kasapis and Sablani 2005), whey protein isolate (WPI, with water content of 6-16 %), and  
331 whey protein hydrolysates (WPH, with water content of 50–26 %) with a  $T_g$  between 119-  
332 75 °C, and 99-15 °C, respectively (Zhou and Labuza 2007), and soy, casein and gluten  
333 protein (with moisture contents less than 30 %) with  $T_g$ 's ranged approximately from 50-  
334 105, 20-105 and 10-140 °C, respectively (Bengoechea et al. 2007). It is possible that the  
335 variation of  $T_g$  among proteins may be due to the nature of them, such as source (vegetal or

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336 animal, or modification method such as hydrolysis, unfolding or denaturation). In addition,  
337 the values of glass transition temperature for the different kind of proteins also may be due  
338 to the existence of hydrophilic-hydrophobic sites in its molecular arrange, total apparent  
339 charge, the presence of sulfhydryl groups and disulphites-sulfhydryl bonds (Caurie 1981).

340 SEM micrographs of the FBP at 25 °C and different water activities are shown in  
341 Figure 4. The micrographs of the FBP showed that not structural changes were noticeable,  
342 all the samples showed dense, continues, compact and rigid structures regardless of their  
343 water activity. Thus, it can be inferred that the protein was in glassy state even at high  
344 water activities. SEM micrographs of the protein equilibrated at 35 and 40 °C, at  $a_w$ 's of  
345 0.2, 0.4 and 0.6 respectively, showed a similar trend (not shown here). Therefore, the FBP  
346 appeared to be stable in the range of tested temperature (25, 35 and 40 °C) even at high  
347 water activity values, and there was not evidence of stickiness, caking or collapsing. Within  
348 literature, it has been reported that different drying methods (freeze drying and convective  
349 drying) used for the preparation of protein concentrates in powders, influence its thermal  
350 and functional properties (Ghribi et al. 2015). It seems to be that the drying method by  
351 which the protein concentrates are obtained, has influence on the microstructure and the  
352 changes that it presents during storage. Other hydrocolloids obtained by freeze-drying have  
353 remained in glassy state in the water activity range of 0.11–0.85 such as the chia mucilage  
354 (Velázquez-Gutiérrez et al. 2015; Capitani et al. 2013), while those obtained by spray  
355 drying have presented coalescence, agglomeration, stickiness and collapsing phenomena,  
356 such as maltodextrin and skim milk (Malafronte et al. 2016).

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360 **4. Conclusions**

361 Sorption isotherms for FBP presented a sigmoidal shape. Experimental data of moisture  
362 content and water activity of the FBP were well adjusted to the GAB model. The pore  
363 radius of the freeze-dried FBP presented increasing values as moisture content and  
364 temperature increased so that they were considered as micropores and mesopores, which  
365 have an effect in the adsorption mechanism. Not only micropores but also mesopores are  
366 able to allow the physisorption mechanism and form the monolayer. The minimum of  
367 integral entropy was found at low water activities (between 0.24-0.40) for the temperature  
368 range between 25 and 40 °C. It means that at these water activities there exist the most  
369 suitable conditions for storing the FBP. The FBP showed dense, continuous, compact and  
370 rigid structures, and was inferred that it remained in glassy state in the range of water  
371 activity at which the protein was equilibrated. The FBP properties suggest that it could be  
372 stored under conditions of temperature, moisture content and water activity determined in  
373 this study and used as additive in powder as possible emulsifier or stabilizers.

374

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376

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**Table 1.** Estimated GAB parameters of FD-FBP.

<b>T (°C)</b>	<b><math>M_0</math> (kg H<sub>2</sub>O/100 kg of dry solids)</b>	<b><math>C</math></b>	<b><math>K</math></b>	<b><math>R^2</math></b>	<b><math>MRD</math> (%)</b>
25	5.52 ± 0.18 <sup>b</sup>	9.300 ± 0.111 <sup>b</sup>	0.714 ± 0.012 <sup>a</sup>	0.999	1.65
35	4.55 ± 0.15 <sup>a</sup>	6.320 ± 0.178 <sup>a</sup>	0.742 ± 0.019 <sup>a</sup>	0.999	1.82
40	4.32 ± 0.13 <sup>a</sup>	5.989 ± 0.234 <sup>a</sup>	0.723 ± 0.021 <sup>a</sup>	0.998	1.59

Values are means ± standard error, of three replicates. Superscripts with different letters in same column indicate significant differences ( $P \leq 0.05$ ).

**Table 2.** Pore radius of FD-FBP at different moisture contents and temperatures.

<b>Pore Radius (nm)</b>			
<b><i>M</i> (kg H<sub>2</sub>O/100 kg of dry solids)</b>	<b>25 °C</b>	<b>35 °C</b>	<b>40 °C</b>
1	0.75 ± 0.05 <sup>a,x</sup>	1.02 ± 0.03 <sup>a,y</sup>	0.78 ± 0.02 <sup>a,x</sup>
2	0.85 ± 0.06 <sup>a,b,x</sup>	0.92 ± 0.04 <sup>a,x,y</sup>	0.98 ± 0.05 <sup>a,b,y</sup>
3	0.99 ± 0.01 <sup>b,c,x</sup>	1.10 ± 0.07 <sup>a,b,x,y</sup>	1.23 ± 0.07 <sup>b,c,y</sup>
4	1.18 ± 0.04 <sup>c,x</sup>	1.40 ± 0.06 <sup>b,y</sup>	1.55 ± 0.09 <sup>c,y</sup>
5	1.43 ± 0.05 <sup>d,x</sup>	1.76 ± 0.11 <sup>c,y</sup>	1.96 ± 0.10 <sup>d,y</sup>
6	1.74 ± 0.08 <sup>e,x</sup>	2.17 ± 0.09 <sup>d,y</sup>	2.47 ± 0.11 <sup>e,z</sup>
7	2.12 ± 0.11 <sup>f,x</sup>	2.66 ± 0.17 <sup>e,y</sup>	3.12 ± 0.14 <sup>f,z</sup>
8	2.58 ± 0.14 <sup>g,x</sup>	3.29 ± 0.18 <sup>f,y</sup>	3.97 ± 0.19 <sup>g,z</sup>
9	3.14 ± 0.11 <sup>h,x</sup>	4.13 ± 0.15 <sup>g,y</sup>	5.10 ± 0.17 <sup>h,z</sup>
10	3.84 ± 0.08 <sup>i,x</sup>	5.19 ± 0.16 <sup>h,y</sup>	6.68 ± 0.20 <sup>i,z</sup>

Values are means ± standard error, of three replicates. Superscripts with different letters in same column and line indicate significant differences ( $P \leq 0.05$ ).

## Figure Captions

**Figure 1.** Sorption isotherms of FD-FBP.

**Figure 2.** Integral entropy at 25, 35 and 40°C of FD-FBP.

**Figure 3.** Glass transition temperature as function of water activity of FD-FBP at 25, 35 and 40°C.

**Figure 4.** Morphology of FD-FBP at a) 0.2, b) 0.4 and c) 0.6 of water activity and 25°C.



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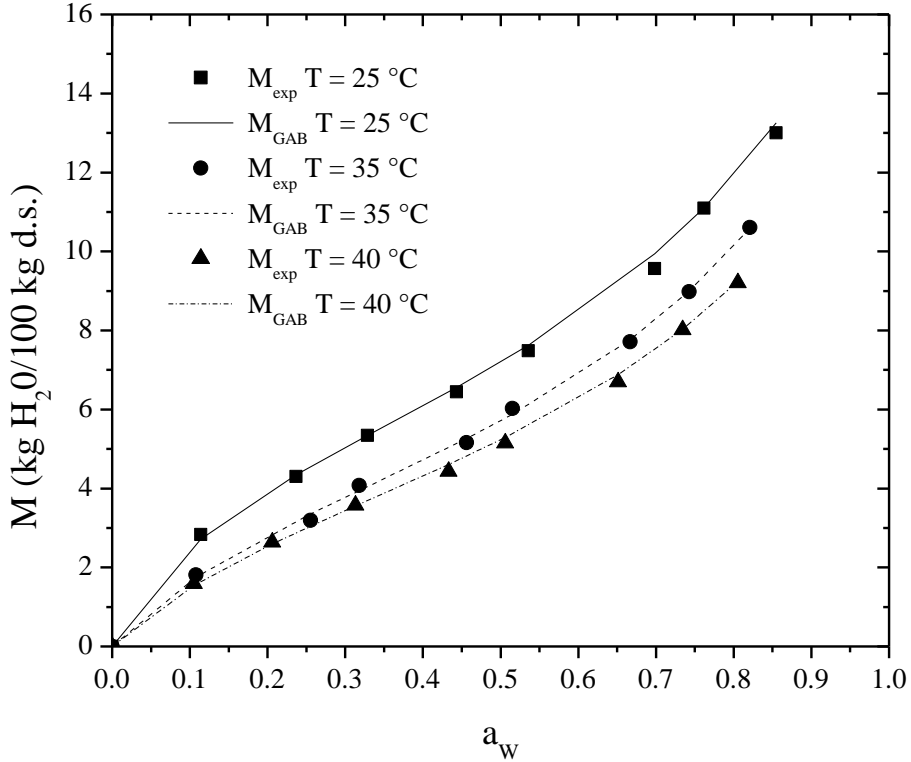
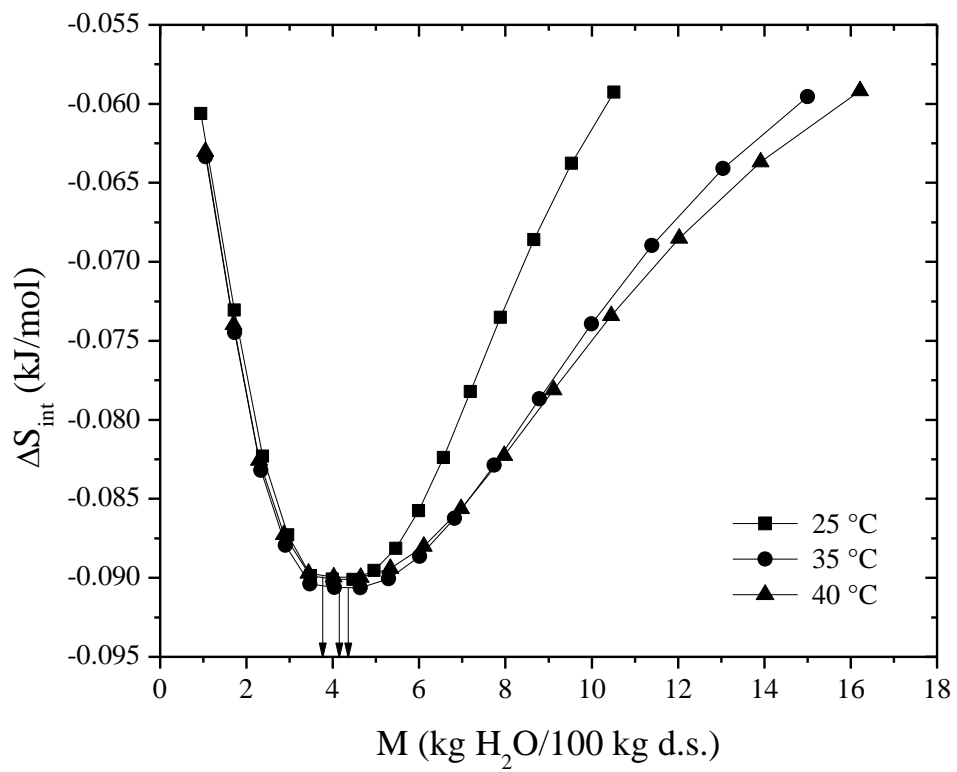
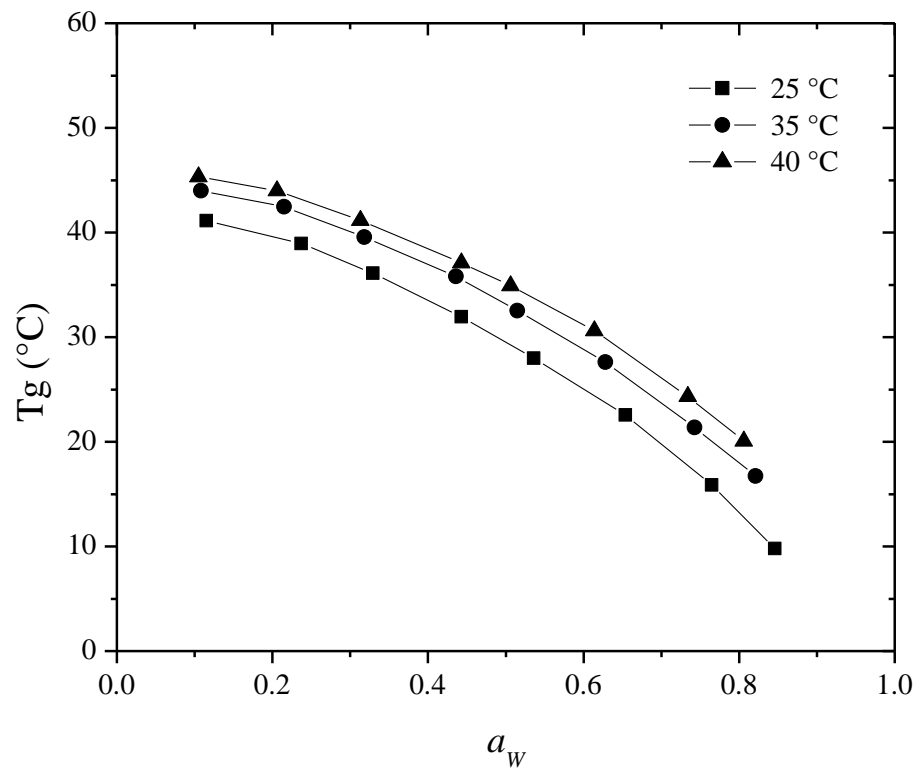


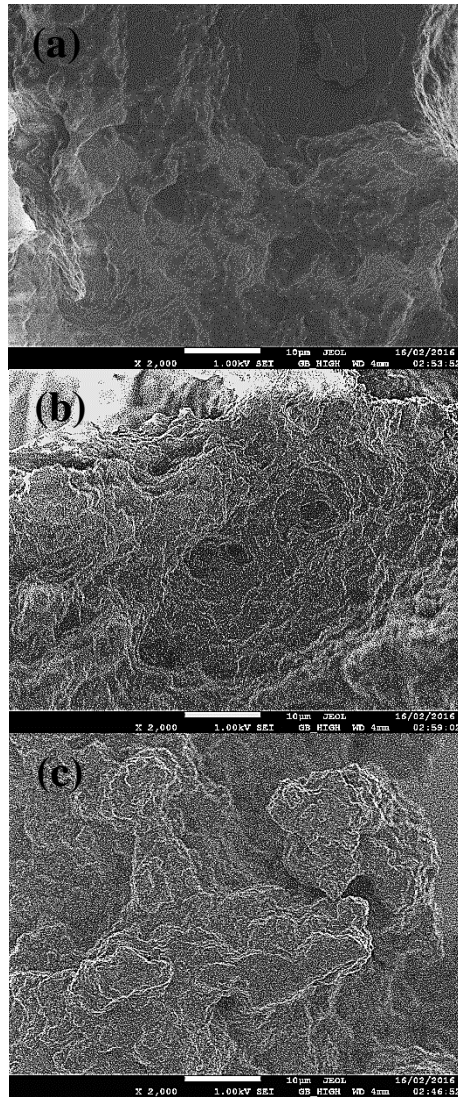
Figure 1




**Figure 2**



**Figure 3**



**Figure 4**



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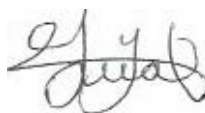
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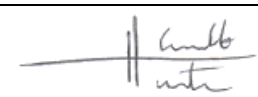
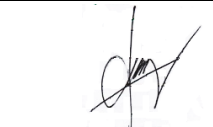
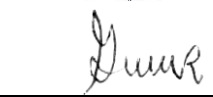

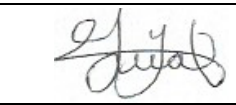
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