

Program to promote oral hygiene habits in children with intellectual disabilities

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ABSTRACT:

An intervention study of health education was conducted in order to assess the impact of a program to promote oral hygiene habits in children with intellectual disabilities (ID). The study was quasi-experimental pre-test and post-test, and included 13 children with intellectual disabilities, ranging between 9 and 12 years old. The program consisted of 6 sessions, whose activities are designed to encourage participation and interest of children with ID. The results showed an improvement in oral hygiene habits. The implementation of programs to promote hygiene, appropriate activities designed with the cognitive level of the population favors the oral health status.

Keywords: Hygiene Practices, Intellectual Disability, Health Education.